

LIVING ON PURPOSE

- Setting Goals -

Reflecting on your **biblical mission statement**, ask God to show you how you can express that mission in your life in the next **four months**.

Setting goals can help you to intentionally express your sense of direction and vocation.

Be realistic, but don't be afraid to challenge yourself.

You can use all the categories, or only some. It's OK to only have one goal per category, or just one goal full stop! Whatever you can start with is OK.

Remember this is meant to help you, not to hinder!

Ideally – we'd love to work through this in your small groups. If you are married, you might like to write some shared goals, as well as some separate goals.

Write your mission statement here:

.....

.....

1. Goals for your spiritual journey.

We need to learn to cultivate our inner life through Scripture, study, praise, and thanksgiving. You might set goals for your devotional time, to work on certain aspects of your character or relationship with God, or to explore your emerging spiritual gifts. It's OK to start small!

For example:

Spiritual Disciplines:

- read the bible twice a week
- pray for others as well as myself
- make a prayer schedule (e.g. topics for each day)
- Read all of the book of Job, with a commentary

Spiritual growth:

- increase my trust in God
- grow in patience

Spiritual gifts:

- Join the welcoming team
- Find opportunities to explore teaching/preaching

2. Goals for your kingdom vocation

This may relate to some paid work that you do, or it may not.

The question you need to answer here is “How does God want me to implement my mission statement in ministry to others?” What is one intentional way you can seek to advance God’s kingdom in your workplace, your community, or through your home and family?

For example:

- Book in lunch or coffee with workmates
- Support my boss better
- Challenge gender discrimination at work
- Leave on time four days a week
- Encourage others
- Use my expertise on a board or committee
- Mentor an indigenous student through AIME
- Become a foster parent
- Volunteer at

3. Intellectual disciplines

Do you read and work actively to understand more about your faith and about your world?

For example:

- Subscribe to a newspaper or news magazine
- Subscribe to a Christian magazine or blog
- Join a small group or bible study group
- Read one book a month (fiction, non-fiction, spiritual.....)
- Listen to a regular podcast
- Enrol at bible college

4. Goals for your relationships

Do you have time for the significant relationships in your life? Are there young leaders in your church or workplace that you could mentor or coach? Do you open your home in hospitality to others? How can you better include those on the margins?

For example:

- Regular date night with your spouse
- Repair my relationship with my brother
- Mentoring someone at work or church
- Extra care for someone in your small group
- Start a ‘Newcomer’s’ dinner

5. Goals for your Creative Disciplines

How can you use your creativity to create ways to put faith into practice? Arts, hospitality, gardening, music...

For example:

- Grow 50% of our vegetables
- Garden with others to grow relationships
- Join a choir or band
- Knit scarves and beanies for refugees and homeless people
- Cook meals for a 'food bank' for those in need

6. Goals for your physical disciplines

Do you need to make some lifestyle changes to promote health?

For example:

- Join a sports team
- Walk three times a week

7. Goals for the use of your time and money

Does the way you spend your money genuinely reflect the values of God's kingdom? What changes could you make to better reflect the values of simplicity and contentment? Does financial pressure make you anxious or stressed? Are you able to practice generosity?

For example:

- Become debt free
- get rid of a credit card
- save for xxx
- increase tithing
- give to missions
- Waste less food
- Shift to ethical investments
- Only buy meat that is ethically produced
- Don't buy anything new for one month

simplicity - contentment - humility

Love God. Love Others.